



HEALTHY LIVING – BLAIR REGIONAL YMCA

GYM SCHEDULE – JULY 2026 (CLOSED JULY 4TH)

SCHEDULE IS SUBJECT TO CHANGE DUE TO CAPITAL CAMPAIGN CONSTRUCTION & RENOVATIONS

BASKETBALL COURT #1						
5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	5:00A-7:30P	7:00A-3:00P	10:00A-4:00P
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	7:00am-12:30pm Open Gym	10:00am-12:30pm Open Gym
7:30am-9:30am Pickleball Social Play	7:30am-9:30am Pickleball Advanced/Interm	7:30am-9:30am Pickleball Social Play	7:30am-9:30am Pickleball Advanced/Interm	7:30am-9:30am Pickleball Social Play		
9:30am-12:00pm Pickleball Intermed/Begin	9:30am-12:00pm Pickleball Intermed/Begin	9:30am-12:00pm Pickleball Intermed/Begin	9:30am-12:00pm Pickleball Intermed/Begin	9:30am-12:00pm Pickleball Intermed/Begin	12:30-2:30pm Pickleball Social Play	12:30pm-3:30pm Women's League
12:00pm-6:30pm Open Gym	12:00pm-5:00pm Open Gym	12:00pm-6:30pm Open Gym	12:00pm-5:00pm Open Gym	12:00-7:30pm Open Gym		
6:30pm-9:30pm HS Boys League	5:00pm-9:30pm Women's League	6:30pm-9:30pm HS Boys League	5:00pm-9:30pm Women's League		2:30-:00pm Open Gym	

BASKETBALL COURT #2						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-9:00am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-10:00am Open Gym	7:00am-3:00pm Open Gym	10:00am-12:30pm Open Gym
9:15am-9:45am Cardio Walk & Fit	7:30am-9:30pm Pickleball Intermed/Begin 9:30am-12:00pm Pickleball Intermed/Begin	7:30am-9:30am Pickleball Social Play	7:30am-9:30pm Pickleball Intermed/Begin 9:30am-12:00pm Pickleball Intermed/Begin	10:00am-10:45am Zumba Gold		
10:00am-10:45am Zumba Gold Toning	12:00-5:00pm Open Gym	10:00am-10:45am Zumba Gold	12:00-5:00pm Open Gym	10:45am-5:30pm Open Gym	5:30pm-7:30pm Karate	12:30pm-3:30pm Women's League
10:45am-6:30pm Open Gym	5:00pm-9:30pm Women's League	10:45am-6:30pm Open Gym	5:00pm-9:30pm Women's League			
6:30pm-9:30pm HS Boys League		6:30pm-9:30pm HS Boys League				

** Schedule Subject to Change w/out Notice. Please check our Facebook Page Daily @BlairRegionalYMCA **

GYM CLOSURES/UPDATES DUE TO SPECIAL EVENTS:

DISCLAIMER: There may be additional gym rentals that were reserved after the making of this schedule.

All other Land Fitness Classes are held in the Stuckey Room (Community Room1). Please see the Land Fitness Schedule for more information.
Revolutions Classes are held in the SPIN ROOM

GYMNASSTICS COURT #3						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-9:00pm Gymnastics	5:00am-9:00pm Gymnastics	5:00am-9:00pm Gymnastics	5:00am-9:00pm Gymnastics	5:00am-7:30pm Gymnastics	7:00am-3:00pm Gymnastics	10:00-4:00pm Gymnastics