

BLAIR REGIONAL YMCA COMMUNITY WELLNESS CHALLENGE SERIES

www.BlairRegionalYMCA.org

COURSE DESCRIPTIONS

15K/5K CERTIFIED RUNS

The 15k and the 5k runs start at the Mishler Theatre in historic downtown Altoona and wind through the city, finishing at the Heritage Plaza within sight of the railways that put Altoona on the map.

2 MILE WALK

A challenging course with a variety of grades, this is fun for competitive walkers and families alike! This race starts at the Mishler Theatre and ends at Heritage Plaza.

LOLLIPOP FUN RUN RACE

A run for kids 8 & under immediately following the races - register day of event @ Heritage Plaza. Goodie bags will be provided for participants.

DUE TO SAFETY CONCERNS PLEASE REFRAIN FROM WEARING HEADPHONES.

RaceMaps at: www.BlairRegionalYMCA.org

REGISTRATION

The first 1000 participants will be guaranteed a tshirt. If you lose your bib and need replaced, there will be a \$5 fee assessed. **There will be no race changes on race day.** Please contact the YMCA if you wish to change your race. Online registration closes Friday, July 3rd at 11:00am.

DAY OF RACE REGISTRATION

Race registration for the day of the race is only available from 6:30am - 7:30am at start of race (12th Ave and 13th Street - Downtown Altoona, in front of Center City Church).

Shirts & Bibs included in Registration	Early Until 6/15	Pre-6/16-7/3	Day Of Race
Individual	\$26	\$35	\$40
Family 2 or more from same household	\$25 each	\$30 each	\$40 each
5 & Under must register in house	FREE	FREE	FREE

RACE PACKET PICK-UP

BEFORE THE RACE **NEW**

In honor of the America 250 celebration race packets are ONLY available on the stage of the Historic Mishler Theatre from Friday, July 3 from 11am-6:30pm.

Come start the celebration with us on the stage of Historic Mishler Theatre, photo ops, tours, special downtown Altoona business deals, and more!

No packets will be available at the Blair Regional YMCA

DAY OF THE RACE

Race packets will be available at the corner of 12th Ave and 13th Street (Downtown Altoona, in front of Center City Church).

AWARDS CEREMONY

Awards will be given out immediately following all races. Please remain at Heritage Plaza for our Post-Race Picnic and awards ceremony as no awards will be mailed.

Top 3 overall - 15k & 5k male & female; Overall Walk - male & female; Top three male & female finishers in the following age categories:
6-8, 9-11, 12-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & Over

SPECIAL AWARDS

Jones Funeral Home Award to 15k male overall
Nancy Vogel Award to 15k female overall
Lee Baranik Award to 5k male overall age 13-17
Angie Gioiosa Award to 5k male overall age 18-24
John Foreman Award to 5k male & female age 12 & Up

SPONSORSHIP OPPORTUNITIES AVAILABLE

When you become a YMCA Sponsor, you are MORE than just a logo on a t-shirt. You are a partner in Building A Better Blair County...you are a partner in our cause For Healthy Living...you are a partner in creating a community of belonging...because at the BRY, everyone BELONGS...

Contact: Phyllis Baker | 814.695.4467 ext 218
pbaker@blairregionalymca.org

4TH OF JULY ANGIE GIOIOSA MEMORIAL RACE

Register online at: www.BlairRegionalYMCA.org

Mail registrations to: Blair Regional YMCA

1111 Hewit Street, Hollidaysburg, PA 16648

Name _____

Address _____

City _____ State _____

Zip _____

Phone _____

Email _____

Date of Birth _____ Age (on Race Day) _____

Sex Male Female

Tshirt Size Youth M Youth L S

M L XL XXL (+\$2)

Race 15K Run

5K Run 2M Walk

Beginning March 1st, 2026, there will be a Flex Fee of 3% imposed on all credit card transactions, which is not greater than our cost of acceptance. This fee will not apply to cash, check, or debit card transactions.

Payment Method

Check MasterCard Visa Discover

Credit Card # _____

Expiration ____/____ Three digit code _____

Waiver: In submitting this entry, I, intending to be legally bound for myself, my heirs, executors and administrators, waive, release and forever discharge the Blair Regional YMCA and all event sponsors, event volunteers and workers and their offices, directors, agents, successors and or assigns for any and all injuries suffered by me at this event. I attest that I am physically fit and prepared for this event. I understand I may be photographed and agree to allow my photo, video or film likeness to be used for legitimate purpose by any of the aforementioned parties.

Signature _____

Parent/Guardian if under 18

Date _____

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Official Race Series Sponsor

Directions to Downtown Altoona

Take Interstate 99 to the 17th Street exit. Merge onto 17th Street heading West into Altoona. Turn right onto 12th Avenue. The Mishler Theatre (race start) will be on your left just past 13th Street. Parking can be found along 12th Avenue and in the 11th Street Parking Garage (Near Heritage Plaza, by the Race Finish Line and where all of the post-race festivities and picnic will be held).

UNDER ONE ROOF FOR ALL GENERATIONS

CAPITAL CAMPAIGN 2025
BLAIR REGIONAL YMCA



TOGETHER
WE CAN BUILD
A STRONGER
COMMUNITY

For over a century, the Blair Regional YMCA has been a beacon of connection, wellness, and opportunity. Together, we can ensure that the Blair Regional YMCA remains a vital resource for our community. Join us in building a brighter future—
Under One Roof, For All Generations.

DONATE NOW!



VOLUNTEERS NEEDED

We are looking for volunteers to help as road marshals, water attendants, photographers, and more!! You will receive a race t-shirt and food after the race.

If you are interested in volunteering for the race or have any questions, please contact

Frank Kopriva at 814.695.4467 ext 217 or
FKopriva@blairregionalyymca.org

ANGIE GIOIOSA MEMORIAL RACE

Angelo "Angie" Gioiosa passed away on September 21, 2011, and left behind a legacy. The YMCA is honored to have the opportunity to recognize Angie by renaming the 4th of July Race to the 4th of July Angie Gioiosa Memorial Race.

Angie was the head coach of Altoona's XC team and an assistant track coach from 1966-1980. He was a 1963 graduate of Slippery Rock University where he achieved All American status on the track and cross country team. In 1973 Angie, along with a group of local runners, started the running race that started and finished in downtown Altoona. They named it the 4th of July Race. The race has been ongoing for the past 44 years.

Angie's running accomplishments were many. He ran well over 50 marathons throughout the nation, winning his age group several times. He ran the Boston Marathon 10 times. One of his greatest running accomplishments was running the 1976 JFK 50 Miler, shattering the previous course record. It is believed that the total distance Angie ran over his lifetime equals the circumference of the earth three times.



2025 RACE RESULTS

15K RUN

Overall Male: Alex Monroe 48:44
Overall Female: Ella McCrum 1:01:06

5K RUN

Overall Male: Hayden Hunt 15:13
Overall Female: Allie Guillard 17:12

2 MILE WALK

Overall Male: Brody Wisor 23:57
Overall Female: Donna Stoltz 20:36



BLAIR REGIONAL YMCA COMMUNITY WELLNESS CHALLENGE SERIES

53rd ANNUAL

4th OF JULY ANGIE GIOIOSA MEMORIAL RACE

Saturday | July 4th, 2026 7:30 AM

15k Run 7:30am, 5k Run 8:00am, 2 Mile Walk 8:05am
Start: Historic Mishler Theater, Altoona



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