



# HEALTHY LIVING – BLAIR REGIONAL YMCA

## GYM SCHEDULE – MAY 2026 (CLOSED Monday, May 25<sup>th</sup> Memorial Day)

BASKETBALL COURT #1						
Summer Hours will begin on Saturday, May 30 <sup>th</sup>   Saturday, May 30 <sup>th</sup> 7:00A-3:00P & Sunday, May 31 <sup>st</sup> 10:00A-4:00P						
5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	5:00A-7:30P	7:00A-5:00P	10:00A-5:00P
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	7:00am-12:30pm Open Gym	10:00am-5:00pm Open Gym
7:30am-9:30am Pickleball Social Play	7:30am-9:30am Pickleball Advanced/Interm	7:30am-9:30am Pickleball Social Play	7:30am-9:30am Pickleball Advanced/Interm	7:30am-9:30am Pickleball Social Play		
9:30am-12:00pm Pickleball Intermed/Begin	9:30am-12:00pm Pickleball Intermed/Begin	9:30am-12:00pm Pickleball Intermed/Begin	9:30am-12:00pm Pickleball Intermed/Begin	9:30am-12:00pm Pickleball Intermed/Begin	12:30-2:30pm Pickleball Social Play	
12:00pm-9:00pm Open Gym	12:00pm-9:00pm Open Gym	12:00pm-9:00pm Open Gym	12:00pm-9:00pm Open Gym	12:00-7:30pm Open Gym		

BASKETBALL COURT #2						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-9:00am Open Gym	5:00am-7:30am Open Gym	5:00am-9:30am Open Gym	5:00am-7:30am Open Gym	5:00am-10:00am Open Gym	7:00am-5:00pm Open Gym	10:00am-5:00pm Open Gym
9:15am-9:45am Cardio Walk & Fit	7:30am-9:30pm Pickleball Intermed/Begin	7:30am-9:30am Pickleball Social Play	7:30am-9:30pm Pickleball Intermed/Begin	10:00am-10:45am Zumba Gold		
	9:30am-12:00pm Pickleball Intermed/Begin		9:30am-12:00pm Pickleball Intermed/Begin			
10:00am-10:45am Zumba Gold Toning	12:00-9:00pm Open Gym	10:00am-10:45am Zumba Gold	12:00-9:00pm Open Gym	10:45am-5:30pm Open Gym		
10:45am-9:00pm Open Gym		10:45am-9:00pm Open Gym		5:30pm-7:30pm Karate		

\*\* Schedule Subject to Change w/out Notice. Please check our Facebook Page Daily @BlairRegionalYMCA \*\*

### GYM CLOSURES/UPDATES DUE TO SPECIAL EVENTS:

- Fuel Up Play 60: May 11<sup>TH</sup> (9:00A -12:15P) Court 2 (Both closed if bad weather)
- Longer Kindergarteners field trip: May 15<sup>TH</sup> (9:45A – 2:00P) Court 2 (Both closed if bad weather)
- FOT 6<sup>th</sup> Elementary field trip: May 21<sup>ST</sup> (9:45A – 2:00P) Court 2 (Both closed if bad weather)
- Longer 6th Elementary field trip: May 28<sup>TH</sup> (9:45A – 2:00P) Court 2 (Both closed if bad weather)

**DISCLAIMER:** There may be additional gym rentals that were reserved after the making of this schedule.

All other Land Fitness Classes are held in the Stuckey Room (Community Room 1). Please see the Land Fitness Schedule for more information.  
Revolutions Classes are held in the SPIN ROOM

GYMNASICS COURT #3						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-9:00pm Gymnastics	5:00am-9:00pm Gymnastics	5:00am-9:00pm Gymnastics	5:00am-9:00pm Gymnastics	5:00am-7:30pm Gymnastics	7:00am-5:00pm Gymnastics	10:00-5:00pm Gymnastics