



# HEALTHY LIVING - BLAIR REGIONAL YMCA

## GYM SCHEDULE – JANUARY (CLOSED JANUARY 1<sup>ST</sup> 2026) Updated 1.16.26

BASKETBALL COURT #1 EXTENDED HOURS BEGIN: JANUARY 12 <sup>TH</sup> 2026							JAN 3 <sup>RD</sup> /10 <sup>TH</sup> 7A-3P	JAN 4 <sup>TH</sup> /11 <sup>TH</sup> 10A-4P
5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	5:00A-7:30P	7:00A-5:00P	10:00A-5:00P		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	7:00am-12:30pm Open Gym	10:00am-3:00pm Open Gym		
7:30am-9:30am Pickleball Social Play	7:30am-9:30am Pickleball Advanced/Interme	7:30am-9:30am Pickleball Social Play	7:30am-9:30am Pickleball Advanced/Interme	7:30am-9:30am Pickleball Social Play				
9:30am-12:00pm Pickleball Intermed/Beginn	9:30am-12:00pm Pickleball Intermed/Beginn	9:30am-12:00pm Pickleball Intermed/Beginn	9:30am-12:00pm Pickleball Intermed/Begin	9:30am-12:00pm Pickleball Intermed/Beginn	12:30-2:30pm Pickleball Social Play			
12:00pm-5:30pm Open Gym	12:00pm-5:45pm Open Gym	12:00pm-5:30pm Open Gym	12:00pm-5:30pm Open Gym	12:00-7:00pm Open Gym	2:30-5:00pm Open Gym	3:00pm-5:30pm Youth Basketball		
	5:00pm-6:00pm Biddy Basketball		5:30pm-6:30pm Youth Basketball					
5:30pm-9:00pm Nut League	6:00pm-9:00pm Open Gym	5:30pm-9:00pm Nut League	6:30pm-9:00pm Open Gym					

### BASKETBALL COURT #2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-9:00am Open Gym	5:00am-9:30am Open Gym	5:00am-9:30am Open Gym	5:00am-9:00am Open Gym	5:00am-10:00am Open Gym	7:00am-5:00pm Open Gym	10:00am-2:00pm Open Gym
9:15am-9:45am Cardio Walk & Fit	9:30am-12:00pm Pickleball Intermed/Begin	7:30am-9:30am Pickleball Social Play	9:30am-12:00pm Pickleball Intermed/Begin	10:00am-10:45am Zumba Gold		2:00pm-3:50pm Hollidaysburg Girls Basketball Games
10:00am-10:45am Zumba Gold Toning	12:00-5:00pm Open Gym	10:00am-10:45am Zumba Gold	12:00-5:30pm Open Gym	10:45am-5:30pm Open Gym	3:50pm-5:30pm Youth Basketball	
10:45am-9:00pm Open Gym	5:00pm-6:00pm Biddy Basketball	10:45am-9:00pm Open Gym	5:30pm-7:30pm Youth Basketball			
	6:00pm-9:00pm Open Gym		7:30-9:00pm Open Gym		5:30pm-7:30pm Karate	

\*\* Schedule Subject to Change w/out Notice. Please check our Facebook Page Daily @BlairRegionalYMCA \*\*

#### GYM CLOSURES/UPDATES DUE TO SPECIAL EVENTS:

Hollidaysburg Girls Basketball- Game 2:10- 3:00 pm Court 2  
Hollidaysburg Girls Basketball- Game 3:00- 3:50 pm Court 2  
Elementary youth 1<sup>st</sup> and 2<sup>nd</sup> grade Basketball – Game 3:00-3:50 pm Court 1  
Elementary youth 1<sup>st</sup> and 2<sup>nd</sup> grade Basketball – Game 3:50- 4:40 pm Court 1  
Elementary youth 1<sup>st</sup> and 2<sup>nd</sup> grade Basketball – Game 3:50- 4:40 pm Court 2  
Elementary youth 3<sup>rd</sup> and 4<sup>th</sup> grade basketball - Game 4:40 -5:30 pm Court 1  
Elementary youth 3<sup>rd</sup> and 4<sup>th</sup> grade basketball - Game 4:40 -5:30 pm Court 2

**DISCLAIMER:** There may be additional gym rentals that were reserved after the making of this schedule.

All other Land Fitness Classes are held in the Stuckey Room (Community Room 1). Please see the Land Fitness Schedule for more information. Revolutions Classes are held in the SPIN ROOM

BASKETBALL COURT #3						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-9:00pm Gymnastics	5:00am-9:00pm Gymnastics	5:00am-9:00pm Gymnastics	5:00am-9:00pm Gymnastics	5:00am-7:30pm Gymnastics	7:00am-5:00pm Gymnastics	10:00-5:00pm Gymnastics