



HEALTHY LIVING – BLAIR REGIONAL YMCA

GYM SCHEDULE – APRIL 2025 (CLOSED 4.18/4.20)

BASKETBALL COURT #1						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	7:00am-3:00pm Open Gym	10:00am-5:00pm Open Gym
7:30am-9:30am Pickleball Social Play	7:30am-9:30am Pickleball Competitive	7:30am-9:30am Pickleball Social Play	7:30am-9:30am Pickleball Competitive	7:30am-9:30am Pickleball Social Play		
9:30am-12:00pm Pickleball Intermed/Social	9:30am-12:00pm Pickleball Intermed/Social	9:30am-12:00pm Pickleball Intermed/Social	9:30pm-12:00pm Pickleball Intermed/Social	9:30am-12:00pm Pickleball Intermed/Beginner		
12:00pm-9:00pm Open Gym	12:00pm-9:00pm Open Gym	12:00pm-9:00pm Open Gym	12:00pm-9:00pm Open Gym	12:00-7:30pm Open Gym	3:00-4:00pm Party Rentals	
					4:00-6:00pm Open Gym	

** Schedule Subject to Change w/out Notice. Please check our Facebook Page Daily @BlairRegionalYMCA **

BASKETBALL COURT #2						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-9:15am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	7:00am-3:30pm Open Gym	10:00am-5:00pm Open Gym
9:15am-9:45am Cardio Walk &Fit (No Class 4.21)	7:30am-9:30am Pickleball Intermed/Social	7:30am-9:30am Pickleball Social Play	7:30am-9:30am Pickleball Intermed/Social	7:30am-9:30am Pickleball (Half Court) Social Play		
10:00am-10:45am Zumba Gold Toning	9:30am-12:00pm Pickleball Intermed/Social	10:00am-10:45am Zumba Gold	9:30am-12:00pm Pickleball Intermed/Social	10:00am-10:45am Zumba Gold		
10:45am-9:00pm Open Gym	12:00pm-1:00pm Open Gym	10:45am-9:00pm Open Gym	12:00pm-2:00pm Pickleball Social Play	10:45am-5:00pm Open Gym	3:30pm-5:30pm Pickleball Social Play	
	1:00pm-2:00pm Pickleball Lessons April 8, 22 ONLY		2:00pm-9:00pm Open Gym	5:30pm-7:30pm Karate	5:30pm-6:00pm Open Gym	
	2:00pm-9:00pm Open Gym					

GYM CLOSURES/UPDATES DUE TO SPECIAL EVENTS:

APRIL 5TH: EASTER Y NITE – GYM WILL BE CLOSED FROM 11AM-4PM

APRIL 8TH AND 22ND: PICKLEBALL BEGINNER LESSONS FROM 1-2P (MUST REGISTER AT WELCOME DESK IN ADVANCE)

APRIL 26TH: COURTS 1 & 2 WILL BE CLOSED FROM 8A-2P FOR HEALTHY KIDS DAY

BASKETBALL COURT #3						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-9:00pm Gymnastics	5:30am-9:00pm Gymnastics	5:30am-9:00pm Gymnastics	5:30am-9:00pm Gymnastics	5:30am-7:30pm Gymnastics	7:00am-6:00pm Gymnastics	10:00am-5:00pm Gymnastics

DISCLAIMER: There may be additional gym rentals that were reserved after the making of this schedule.

All other Land Fitness Classes are held in the Stuckey Room (Community Room 1). Please see the Land Fitness Schedule for more information.

Revolutions Classes are held in the Spin Room (Behind The Spot/Community Room 2)

The Blair Regional YMCA will have modified hours for the Easter Holiday: 4.17 (5am-6pm), 4.18 (Closed), 4.19 (7am-4pm), 4.20 (Closed)