

# BLAIR REGIONAL YMCA COMMUNITY WELLNESS CHALLENGE SERIES

www.BlairRegionalYMCA.org

## COURSE DESCRIPTIONS

Visit [www.blairregionallymca.org](http://www.blairregionallymca.org) for race maps.

### 5K RUN, 2 MILE RUN & 2 MILE WALK

Finish 2024 in a healthy way! Bid farewell to the old year with a walk or run through a dazzling display of holiday lights and animation. All courses run through the lights on the lake at Lakemont Park. This race is based on a loop and the amount of laps will be dependent upon your race.

DUE TO SAFETY CONCERNS PLEASE REFRAIN FROM USING HEADPHONES

## REGISTRATION

### PRE-REGISTRATION

The first 700 registered racers will be guaranteed a long sleeve t-shirt. Race registrations may be mailed in, dropped off or register online. There will be no race changes on race day. There will be no refunds on race registration due to the inability to participate. If you lose your bib or need a new one issued, for any reason, there will be a \$5 fee assessed. Online registration closes Tuesday, December 30 @ 11:00am.

### DAY OF RACE REGISTRATION

Race registration for the day of the race is available from 3:00pm-4:30pm at Lakemont Park.

Shirts & Bibs included in Registration	Early Until 12/28/24	Pre- 12/29/24-12/30/24	Day Of Race
<b>Individual</b>	\$26	\$33	\$40
<b>Family</b> 2 or more from same household	\$25 each	\$30 each	\$40 each
<b>5 &amp; Under</b> must register in house	FREE	FREE	FREE

## RACE PACKET PICK-UP

### BEFORE THE RACE

Race packets will be available at the Blair Regional Y on Tuesday, December 30, from 12pm-9:00pm & Wednesday, December 31 from 5am-12pm.

### DAY OF THE RACE

Race packets are available at Lakemont Park ONLY from 3:30 to 4:45pm.

### AWARDS CEREMONY

Awards will be given out immediately following each race. We will be awarding medals for the following categories: 5k run (top 3), 2m run & 2m walk overall finishers. Awards will also be given out to the top three male and female finishers in the 5k run, 2m run, and 2m walk in the following age categories: 6-8, 9-11, 12-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & Over. Award winners are asked to remain for the Awards Ceremony as no awards will be mailed.

2024 RACE RESULTS		
<b>5K RUN</b>		
Overall Male:	Garrett Ferguson	14:18
Overall Female:	Morgan McNaughton	17:24
<b>2 MILE RUN</b>		
Overall Male:	AJ Kelly	11:09
Overall Female:	Ashlyn Noce	12:29
<b>2 MILE WALK</b>		
Overall Male:	Carl Kondrach	18:12
Overall Female:	Donna Stoltz	22:23



#CWCS #YRUN

# TWILIGHT RACE

Register online at: [www.BlairRegionalYMCA.org](http://www.BlairRegionalYMCA.org)

Mail registrations to: Blair Regional YMCA  
1111 Hewitt Street, Hollidaysburg, PA 16648

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age (on Race Day) \_\_\_\_\_

Sex  M  F

Tshirt Size  Youth M  Youth L  S  
 M  L  XL  XXL (+\$2)

Race  5K Run  
 2 Mile Run  
 2 Mile Walk

### Payment Method

Check  MasterCard  Visa  Discover

Credit Card # \_\_\_\_\_

Expiration \_\_\_\_/\_\_\_\_ Three digit code \_\_\_\_\_

**Waiver:** In submitting this entry, I, intending to be legally bound for myself, my heirs, executors and administrators, waive, release and forever discharge the Blair Regional YMCA and all event sponsors, event volunteers and workers and their offices, directors, agents, successors and or assigns for any and all injuries suffered by me at this event. I attest that I am physically fit and prepared for this event. I understand I may be photographed and agree to allow my photo, video or film likeness to be used for legitimate purpose by any of the aforementioned parties.

Signature \_\_\_\_\_

Parent/Guardian if under 18

Date \_\_\_\_\_

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COMMUNITY WELLNESS  
CHALLENGE SERIES



Official Race Series Sponsor

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AVAILABLE!

Contact:  
pbaker@  
blairregionalyymca.org

UPCOMING RACES:

RACE SERIES FINALE: Stay tuned!

RACE OF CHAMPIONS - TBD, 2026

Races: 5K Run, 2 Mile Run & 2 Mile Walk

DIAMOND DASH - TBD, 2026

Races: 10K Run, 6K Run & 5k Walk

JULY 4TH ANGIE GIOIOSA MEMORIAL RACE

Races: 15K Run, 5K Run, 2M Walk & Lollipop Race

CANOE CREEK TRIATHLON - August 1, 2026

Races: Triathlon, Duathlon, 5K Run & 2M Walk

OCTOBER HALF MARATHON - October 3, 2026

Races: 13.1M Run, 10K Run & 5K Walk

TURKEY TROT RACE - November 28, 2026

Races: 4.5M Run, 2M Run & 2M Walk

TWILIGHT RACE - December 31, 2026

Races: 5K Run, 2M Run & 2M Walk

SIGN UP NOW FOR 2026!

Now is the time to accept the challenge and commit to compete in all 7 of our races in the 2026 Race Series. You will be guaranteed a race T-shirt for each race, an "All 7... All In" swag gift, receive courtesy email reminders, discount pricing and stress free registration.

ONLY ALL 7 PARTICIPANTS WILL BE ELIGIBLE TO RECEIVE A HOODED SWEATSHIRT FOR THE TWILIGHT RACE.

REGISTRATION OPENING SOON!

   #CWCS #YRUN



BLAIR REGIONAL YMCA  
COMMUNITY WELLNESS  
CHALLENGE SERIES

TWILIGHT  
RACE

December 31

5K Run - 4:00PM  
2M Run - 4:30PM  
2M Walk - 5:00PM

Start: Lakemont Park, Altoona PA



Official Race Series Sponsor