### BLAIR REGIONAL YMCA COMMUNITY WELLNESS CHALLENGE SERIES

www.BlairRegionalYMCA.org

#### REGISTRATION

All registrations other will receive a tri-blend tshirt. There will be no race changes on race day. There will be no refunds on race registration due to the inability to participate. If you lose your bib or need a new one issued, for any reason, there will be a \$5 fee assessed. Online registration closes Friday, October 4 @ 11:00AM.

#### **DAY OF RACE REGISTRATION**

Race registration for the day of the race is available from 6:45am to 7:30am at the Blair Regional YMCA.

#### **RACE PACKET PICK-UP**

#### **BEFORE THE RACE**

Race packets are available at the Blair Regional YMCA on Thursday, October 3 from 12pm-8:30pm & Friday, October 4 5am-7pm.

#### **DAY OF THE RACE**

Race packets are available for pickup at the Blair Regional YMCA from 6:30am to 7:40am.

Shirts & Bibs included in Registration	Early Until 9/21	Pre- 9/22-10/4	Day Of Race
Half	\$40	<sup>\$</sup> 50	\$60
10k/5k Ind 2 or more from same household	<sup>\$</sup> 25	\$32	\$40
Family 2 or more from same household	\$24 each	\$30 each	\$40 each
Kids 5 & Under	FREE	FREE	FREE

#### **COURSE DESCRIPTIONS**

#### **HALF MARATHON**

The half-marathon race is a challenging distance with rolling hills accentuating the course. Strollers, pets and earphones are not permitted during the race due to safety concerns. Must be at least 16 years of age to participate.

#### 10K RUN/5K WALK

Enjoy this beautiful scenic course popular with local runners. Both races start and finish at the YMCA.

#### **AWARDS CEREMONY**

Awards will be given out immediately following the race. We will be awarding medals for the following categories:

All Half Finishers will receive a medal. Top 5 male and female finishers will receive an additional prize.

Top 3 overall finishers of the 10k run & 5k walk.

Awards will be given out to the top 3 male and female finishers in the 10k run and 5k walk in the following age categories:

6-8, 9-11, 12-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over

Award winners are asked to stay for award ceremony as no awards will be mailed.

2023 RACE RESULTS				
HALF				
Overall Male: Overall Female:	AJ Kelly Amy O'Donnell	1:20:34 1:29:02		
10K RUN				
Overall Male: Overall Female:	Rob Krimmel Arlee Simendinger	41:45 46:07		
5K WALK				
Overall Male: Overall Female:	Dave Despot Donna Stoltz	43:16 37:38		



**#CWCS #YRUN** 

Date

# OCTOBER DISTANCE RACES

Register online at: www.BlairRegionalYMCA.org				
Mail registrations to: Blair Regional YMCA 1111 Hewit Street, Hollidaysburg, PA 16648				
Name				
Address _				
City		State		
Zip				
	 irth	Age (on Race Day)		
Sex	F	,		
Tshirt Size	Youth M	Youth L		
Race	Half Maratho			
Payment Method				
Check MasterCard Visa Discover				
Credit Card #				
Expiration/ Three digit code				
<b>Waiver:</b> In submitting this entry, I, intending to be legally bound for myself, my heirs, executors and administrators, waive, release and forever discharge the Blair Regional YMCA and all event sponsors, event volunteers and workers and their offices, directors, agents, successors and or assigns for any and all injuries suffered by me at this event. I attest that I am physically fit and prepared for this event. I understand I may be photographed and agree to allow my photo, video or film likeness to be used for legitimate purpose by any of the aforementioned parties.				
SignatureParent/Guardian if under 18				
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**SPONSORS** 



## **UPCOMING RACES:**

**Perry Wellington 4.5M Turkey Trot Race** 

Saturday, November 30 at 8:30am Races: 4.5 Mile Run, 2 Mile Run, 2 Mile Walk

#### **Twilight Race**

Tuesday, December 31 Races: 5k Run - 4:00pm

> 2 Mile Run - 4:30pm 2 Mile Walk - 5:00pm



### OCTOBER DISTANCE RACES

**October 5: 7:30 AM** 

Half-Marathon, 10k Run & 5k Walk





